

GYMPOLE STAGE

Gym pole



CONTENT OF THE SET

The **GYMPOLE STAGE** set contains five carry& storage cases for all individual parts. The set contains a moving skate containing the central bearing unit, two cases with floor plates to build the base, one bag with sub-frames and one pouch with pole.

- 1) Moving skate with handle and cover for transport & storage of central bearing unit
- 2) Case with handles for storage of floor plates
- 3) Bag with handle for storage of sub-frames
- 4) Pouch with strap for storage of pole

Provided set of tools: metal wedge, hex key, wooden paddle



INSTALLATION INSTRUCTIONS

Use the moving skate to transport and store the central bearing unit, including all other **GYMPOLE STAGE** parts which can be easily placed onto the central bearing unit cover. The two wheels on the moving skate are equipped with brakes to ensure safety during manipulation and transport of the central unit. The upper part of the cover is fastened to the moving skate with straps. Always check whether the straps are securely hooked and tightened every time you manipulate with the skate.

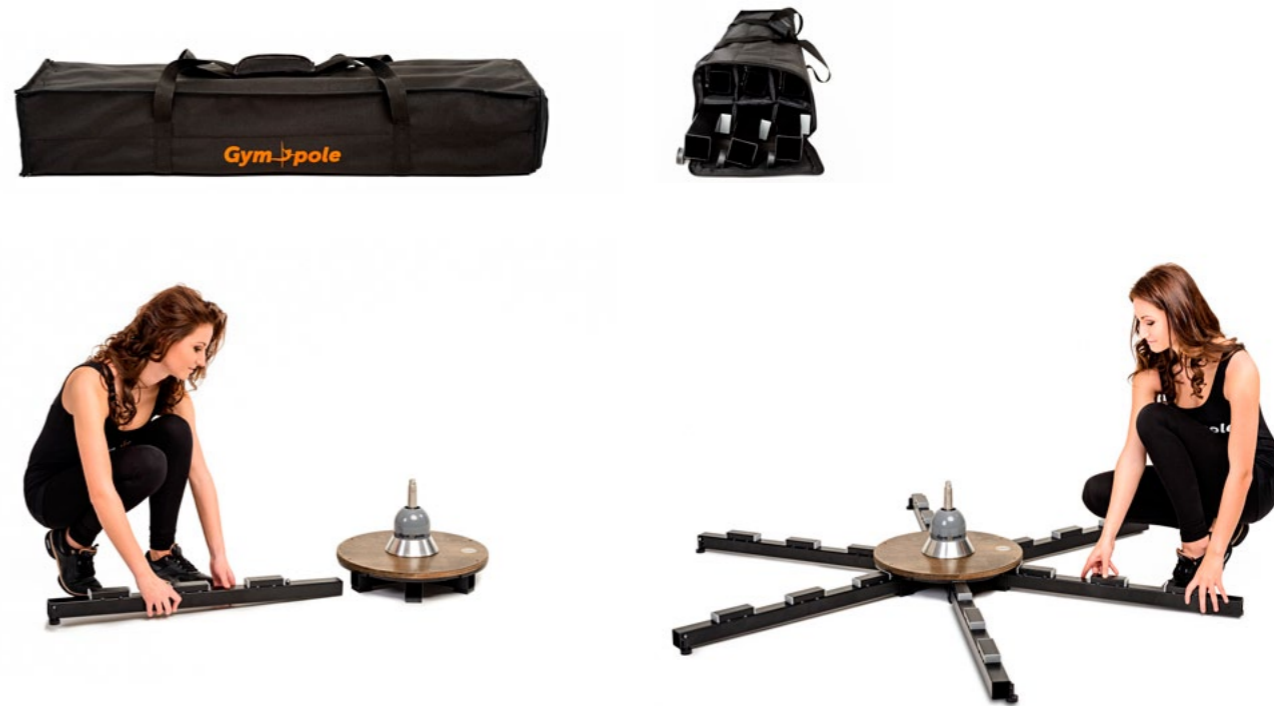


Carefully remove the central bearing unit from the moving skate and place it wherever you have chosen to build the stage. For easier and safer manipulation use the brakes on the wheels located on the moving skate.



step 1

Insert all six sub-frames into the central bearing unit.



INSTALLATION INSTRUCTIONS

step 2

Each sub-frame has its own screw thread securing it to the central unit. Use the provided hex key to tighten all six screw threads in a counter-clockwise motion.



step 3

In a clockwise motion, adjust the stabilizers located on each outside end of the sub-frame. Adjusting the screw adjusters ensures the whole stage is stable and safe. Do not skip this step.



step 4

You may now start fitting the floor plates. Each plate should fit smoothly into place, forming the main base.



INSTALLATION INSTRUCTIONS

step 5

Insert the bottom pole section into the central bearing unit. The ends of this section are identical and fit either way into the central bearing unit.



step 6

Mount the top pole section by inserting the ball end of the pole into the bottom pole section.



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Check if both sections are secure in the joint.



ONE CLICK SYSTEM

The pole is in Static mode when the slider is pushed down and in bottom position. To switch to Spin mode pull the slider upwards. The stop-ping pins will be released from the sockets and the pole will spin. To return back to Static mode, keep turning the slider until you align the pins with the sockets and push the slider down. The slider will return into bottom static position. Use both hands for these steps.



GYMPOLE STAGE

Your **GYMPOLE STAGE** is now ready to use. Before any training session or performance, be sure to warm up thoroughly a stretch. Keep in mind that safety comes first, so remember to use crash mats when learning new and potentially dangerous tricks. We wish you many successful and fun trainings and performances with your **GYMPOLE STAGE**.



GYMPOLE STAGE

To disassemble, first start with the joint connecting the two pole sections together. Insert the provided metal wedge tapered end into the small hole located on the bottom pole piece. Keep the wedge in horizontal position with angled side facing down. Using the provided paddle, tap the wedge until the top pole section is released. You may now remove the top pole section. Remove the wedge and repeat steps with bottom pole piece connected to the central bearing unit. Loosen the threads in the bearing unit using the provided hex key and carefully remove the floor plates. Loosen the stabilizers and pull out the sub-frames. Store all parts away in their designated cases. Store the floor plates in their reinforced compartments.



GYMPOLE STAGE MAINTENANCE

Always make sure that the surface you have chosen to use your **GYMPOLE STAGE** on is stable and even. Never use the stage on an uneven or slanted surface. If your **GYMPOLE STAGE** is exposed to water (rain or any other kind of moisture), dry it thoroughly. Utmost care should be taken with the individual joints connecting the two pole sections and the ball end of pole that snaps into the central bearing unit. Keep these joints spotless and dry.

Before assembly, clean both ball ends with a dry cloth, or if required, with a small amount of rubbing alcohol to ensure a grease-free surface. The joints should never come in contact with water or moisture.



NOTICE

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